



## HUSK NUTRITION

PRG Real Estate employees, spouses and dependents can meet with a HUSK Registered Dietitian for a customized one-on-one nutrition consultation covered by insurance. You can receive support in:

- Recipes
- Mindful Eating
- Managing Stress
- Developing Healthful Habits
- Disease Management
- And more!



Scan or click the QR Code to sign up!



## AFFORDABLE

- Unlimited visits are covered by your PRG-sponsored Independence Administrators insurance
- On another plan? HUSK is in network with many insurance carriers and will verify your coverage!

## INTEGRATIVE TECHNOLOGY

- Download the HUSK Nutrition app for features like:
  - Goal Tracking
  - Food Tracking
  - Direct Messaging to your RD
  - Appointment Booking

## PERKS

- Download our mobile application and earn points for completing activities. You can redeem points for wellness products! Use code **PRGRE23** when registering.



**SCAN OR CLICK THE QR CODES TO  
DOWNLOAD THE HUSK NUTRITION APP**

Questions? Contact: [info@huskwellness.com](mailto:info@huskwellness.com)